

**Table S1.** The fitnesses of the 15 diploid genotypes and the proportion of each type of gamete produced by them, for Model I.

Diploid genotype	Fitness	Gametes produced					
		$w$	$c$	$n$	$e$	$r$	
$ww$	1	1	0	0	0	0	
$wc$	$(1-h_d s_d) (1-h_e s_e) (1-h_n s_n)$	$(1-k_c)/2$	$1/2+1/2 k_c(1-k_j) (1-k_e-k_n-k_{ne})$	$1/2 k_c k_e(1-k_j)$	$1/2 k_c(1-k_j) k_n$	$1/2 k_c(k_j+(1-k_j) k_{ne})$	
$wn$	$(1-h_d s_d) (1-h_n s_n)$	$(1-k_c)/2$	0	$1/2+1/2 k_c(1-k_j) (1-k_n)$	0	$1/2 k_c(k_j+(1-k_j) k_n)$	
$we$	$(1-h_d s_d) (1-h_e s_e)$	1/2	0	0	1/2	0	
$wr$	$1-h_d s_d$	1/2	0	0	0	1/2	
$cc$	$(1-s_d) (1-s_e) (1-s_n)$	0	1	0	0	0	
$cn$	$(1-s_d) (1-h_e s_e) (1-s_n)$	0	1/2	1/2	0	0	
$ce$	$(1-s_d) (1-s_e) (1-h_n s_n)$	0	1/2	0	1/2	0	
$cr$	$(1-s_d) (1-h_e s_e) (1-h_n s_n)$	0	1/2	0	0	1/2	
$nn$	$(1-s_d) (1-s_n)$	0	0	1	0	0	
$ne$	$(1-s_d) (1-h_e s_e) (1-h_n s_n)$	0	0	1/2	1/2	0	
$nr$	$(1-s_d) (1-h_n s_n)$	0	0	1/2	0	1/2	
$ee$	$(1-s_d) (1-s_e)$	0	0	0	1	0	
$er$	$(1-s_d) (1-h_e s_e)$	0	0	0	1/2	1/2	
$rr$	$1-s_d$	0	0	0	0	1	